

Instructor Reflections and Remarks about an Accelerated Online Course *in Anatomy and Physiology I*

INTRODUCTION

So, what can you expect in Anatomy and Physiology I? Here are a few points:

Anatomy and Physiology is a language; you will be introduced to an extensive array of new vocabulary and must use it correctly.

Anatomy and Physiology is a mental workout; you will make new connections and discard old ideas, which can challenge your world view (career perspective). However, building a solid foundation and understanding in any new field takes effort.

Anatomy and Physiology is an adventure; we will explore material and topics that may never have been considered before. Expect to be enlightened.

With this in mind, you will need to STUDY HARD!!!

But I am here to help. To be clear, I cannot do your work for you. However, I am here to encourage and guide you in the best ways and techniques to master the material. You will want to plan your daily routine to include several hours dedicated to mastering the course content.

TIME MANAGEMENT AND CAREER GOALS

We all come from different backgrounds, with varying employment obligations and possibly family relationships and responsibilities that must be maintained. With all the various demands on our time and resources, scheduling another major activity can sometimes be challenging. For instance, allocating several daily hours for studying can be daunting for some. However, this must be addressed promptly and requires a quality decision if success is to be assured.

There are three important time blocks that need to be accommodated:

1. For every module, several hours must be dedicated to instructional presentations and provided resources. During this time, module content is reviewed, and notes are prepared.
2. Second, mastering the material will require additional review and study in preparation for a scheduled assessment.
3. Third, you will need to set aside a time block for taking the exam when it is administered on Blackboard.

With this in mind, I encourage you to speak to those important in your life about your educational needs at this stage in your developing career. I also encourage you to carefully consider all the time-consuming activities in your life and make appropriate adjustments based on your important career aspirations. The word “*priorities*” comes to mind here.

COURSE STRUCTURE and INSTRUCTIONAL METHOD

This course is divided into several topical units or modules. Each module has specific instructional goals, and therefore, most units will be assessed individually. Access to specific unit instructional goals and assignments can be found under the course contents folder on Blackboard. Assessment is accomplished through exams that must be completed on the date and time specified in the syllabus. Exam dates are indicated in the syllabus, but understand that these are target dates, and adjustments may occur according to the progress of the lecture sequence.

FOR EACH UNIT YOU WILL BE EXPECTED TO:

- Master the anatomy as outlined in the lecture notes.
- Master physiological themes, concepts, and processes presented in the course material related to the anatomy.

With all this said, I am confident that you will find the course both challenging and enlightening and well worth the hard work you will need to invest.

Get ready to STUDY HARD !!!